COURSE INFORMATION

COURSE TITLE
PSY101 General Psychology

COURSE DESCRIPTION
Focuses on the scientific study of behavior including motivation, emotion, physiological psychology, stress and coping, research methods, consciousness, sensation, perception, learning, and memory. This is a statewide Guaranteed Transfer course in the GT-SS3 category.

GUARANTEED TRANSFER (GT) PATHWAYS COURSE STATEMENT
The Colorado Commission on Higher Education has approved PSY101 for inclusion in the Guaranteed Transfer (GT) Pathways program in the GT-SS3 category. For transferring students, successful completion with a minimum C– grade guarantees transfer and application of credit in this GT Pathways category. For more information on the GT Pathways program, go to https://highered.colorado.gov/academics/transfers/gtpathways/curriculum.html.

This course is one of the Statewide Guaranteed Transfer courses.

• PSY101 GT-Pathways Required Syllabus

CREDIT HOURS
3

SUGGESTED PREREQUISITE KNOWLEDGE
There are no prerequisites for this course. However, an ability to read and write at the college freshman level is assumed.
The CCCOnline Course Policies page contains information about the student's role in the classroom, grading policies, and rights and responsibilities.
COURSE MATERIALS
Your textbook is available online as an eText, which you can access through eText link below the course Syllabus module. Specific readings are also linked in the Read/View sections of each module. You do not need to purchase any additional materials. All course reading material is available online and linked within the course site. You do not need to purchase any additional materials.

MINIMUM COMPUTER REQUIREMENTS
To complete this course, you will need regular access to a computer from which you can get to the Internet and use email. In order to ensure that your course functions properly, you must run the System Check. This is a CRITICAL STEP, and taking the time to do it now will eliminate a tremendous amount of frustration for you later. To run the System Check, click Tools in the course NavBar and then click System Check.

REQUIRED eTEXT
R. Biswas-Diener & E. Diener (Eds), Noba textbook series: Psychology. Champaign, IL: DEF publishers. DOI: nobaproject.com
Course Competencies and Outcomes

General Competencies

GT-SS3: Human Behavior, Culture or Social Frameworks Content Criteria

Students should be able to:

a. Develop knowledge of human behavior, including learning, cognition, and human development or cultural or social frameworks/theories that explore and compare issues and characteristics of individuals, groups, communities, or cultures.

b. Use tools, approaches, and skills from the Social & Behavioral Sciences to analyze and interpret issues.

c. Understand diverse perspectives and groups.

GT-SS1 Competencies & Student Learning Outcomes

Competency: Critical Thinking:

Students should be able to:

1. Explain an Issue
   a. Use information to describe a problem or issue and/or articulate a question related to the topic.

2. Utilize Context
   a. Evaluate the relevance of context when presenting a position.
   b. Identify assumptions.
   c. Analyze one’s own and others’ assumptions.

5. Understand Implications and Make Conclusions
   a. Establish a conclusion that is tied to the range of information presented.
   b. Reflect on implications and consequences of stated conclusion.

Competency: Diversity & Global Learning:

Students should be able to:

1. Build Self-Awareness
a. Demonstrate how their own attitudes, behaviors, or beliefs compare or relate to those of other individuals, groups, communities, or cultures.

2. **Examine Perspectives**
   a. Examine diverse perspectives when investigating social and behavioral topics within natural or human systems.

3. **Address Diversity**
   a. Make connections between the world-views, power structures, and experiences of individuals, groups, communities, or cultures, in historical or contemporary contexts.

**REQUIRED COURSE LEARNING OUTCOMES**

The competencies you will demonstrate in this course are as follows:

A. Explain the discipline of psychology, its history, and how it is practiced today.

B. Demonstrate the basic rules of research in psychology and be able to evaluate their application.

C. Identify the biological influences on behavior.

D. Explain consciousness and factors that may influence it.

E. Summarize motivation in terms of inborn and learned determinants.

F. Analyze emotion and its relationship to physiology and cognition.

G. Define the principles of sensation and perception.

H. Demonstrate the principles of learning and its application to behavior.

I. Outline memory and forgetting and the application of memory skills to life.

J. Identify the factors involved in stress and effective strategies for management of stress.

K. Write and speak clearly and logically in presentations and essays about topics related to psychology.

L. Demonstrate psychology information literacy by evaluating the validity of information sources in the study of psychology.

M. Analyze, evaluate, and apply written material related to the study of psychology.

**REQUIRED TOPICAL OUTLINE**

I. Introduction to the Discipline
   a. The Goals of Psychology
b. Professional Roles and Activities
c. History of Discipline
d. Theoretical Perspectives

II. Research Methods in Psychology
   a. Basic Research and Statistical Methods
   b. Basic vs. Applied Science
   c. Evaluation of Psychological Research
   d. Ethics in Research

III. Physiological Psychology
   a. Genetics
   b. Heredity vs. Environmental Influences
   c. Endocrine System
   d. The Nervous System

IV. Consciousness
   a. The Nature of Consciousness
   b. Sleep and Dreams
   c. Altered States of Consciousness

V. Motivation
   a. Basic Drives
   b. Theories of Motivation
   c. Learned Motives
   d. Intrinsic and Extrinsic Motives

VI. Emotion
   a. The Physiology of Emotion
   b. Theories of Emotion
   c. The Development and Expression of Emotion
   d. Cognition and Emotion

VII. Sensation and Perception
   a. Principles of Sensation
   b. The Senses
   c. Principles of Perception

VIII. Learning
    a. Classical Conditioning
    b. Operant Conditioning
    c. Observational Conditioning
    d. Cognitive Learning
IX. Memory
   a. Theories of Memory
   b. Theories of Forgetting
   c. The Physiology of Memory
   d. Memory Disorders
   e. Effective Studying

X. Stress and Coping
   a. Physiological Components of Stress
   b. Psychological Components of Stress
   c. Stress Management

The module outcomes that will permit you to demonstrate course competencies are:

**MODULE 1**

**Outcomes**
1. Describe the discipline of psychology, its history, and how it is practiced today.  
2. Demonstrate the basic rules of research in psychology.  
3. Write and speak clearly and logically in presentations and essays about topics related to psychology.

**Competencies**
   A  
   B  
   K

**MODULE 2**

**Outcomes**
1. Evaluate the application of basic rules of research in psychology.  
2. Identify the biological influences on behavior.  
3. Write and speak clearly and logically in presentations and essays about topics related to psychology.  
4. Demonstrate the ability to select and apply contemporary forms of technology to solve problems or compile information in the study of psychology.  
5. Read, analyze, and apply to new situations written material related to the study of psychology.

**Competencies**
   B  
   C  
   K  
   L  
   M

**MODULE 3**

**Outcomes**
1. Identify the factors involved in stress, and effective strategies for management of stress.  
2. Write and speak clearly and logically in presentations and essays about topics related to psychology.  
3. Demonstrate the ability to select and apply contemporary forms of technology to solve problems or compile information in the study of psychology.  
4. Identify the influence of contemporary forms of technology on emotions and behaviors.  
5. Read, analyze, and apply to new situations written material related to the study of psychology.

**Competencies**
   J  
   K  
   L  
   L  
   M
### Module 4

**Outcomes**
1. Define the principles of sensation and perception.
2. Write and speak clearly and logically in presentations and essays about topics related to psychology.
3. Read, analyze, and apply to new situations written material related to the study of psychology.

**Competencies**
- G
- K
- M

### Module 5

**Outcomes**
1. Describe consciousness and factors that may influence it.
2. Write and speak clearly and logically in presentations and essays about topics related to psychology.
3. Demonstrate the ability to select and apply contemporary forms of technology to solve problems or compile information in the study of psychology.
4. Read, analyze, and apply to new situations written material related to the study of psychology.

**Competencies**
- D
- K
- L
- M

### Module 6

**Outcomes**
1. Demonstrate the principles of learning and its application to behavior.
2. Write and speak clearly and logically in presentations and essays about topics related to psychology.
3. Read, analyze, and apply to new situations written material related to the study of psychology.

**Competencies**
- H
- K
- M

### Module 7

**Outcomes**
1. Discuss memory and forgetting and the application of memory skills to life.
2. Write and speak clearly and logically in presentations and essays about topics related to psychology.
3. Demonstrate the ability to select and apply contemporary forms of technology to solve problems or compile information in the study of psychology.
4. Read, analyze, and apply to new situations written material related to the study of psychology.

**Competencies**
- I
- K
- L
- M

### Module 8

**Outcomes**
1. Discuss motivation in terms of inborn and learned determinants.
3. Write and speak clearly and logically in presentations and essays about topics related to psychology.

**Competencies**
- E
- F
- K
GRADING AND EVALUATION

METHODS
Evaluation includes a combination of discussion participation, assignments, and other evaluations. Rubrics are provided for assignments and discussions.

GRADING POLICIES
Mark all Module due dates on your calendar for this class. You may submit assignments AHEAD of schedule. This course adheres to the the following late work policy:

Discussions - Late work will NOT be accepted, as modules will not be reopened once the discussion formally ends.

Quizzes - All module/chapter quizzes will be set to close during the final week of the course. This means you can complete quizzes throughout the semester, however it is STRONGLY recommended you follow the due dates listed in the Course Schedule. Most students who do not follow the suggested due dates perform poorly on quizzes. You may not submit the final exam late.

Assignments - Late submissions will be allowed, however a 10% per day consequence will be enforced.

SUMMARY OF GRADING

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introductions Discussion (1 @ 30 points)</td>
<td>30</td>
<td>3%</td>
</tr>
<tr>
<td>Academic Discussions (6 @ 50 points each)</td>
<td>300</td>
<td>30%</td>
</tr>
<tr>
<td>Chapter Quizzes (8 @ 20 points each)</td>
<td>160</td>
<td>16%</td>
</tr>
<tr>
<td>Module Projects (4 @ 65 points each)</td>
<td>260</td>
<td>26%</td>
</tr>
<tr>
<td>Midterm Essay (1 @ 125 points)</td>
<td>125</td>
<td>25%</td>
</tr>
<tr>
<td>Final Essay (1 @ 125 points)</td>
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<td></td>
</tr>
<tr>
<td>TOTAL</td>
<td>1000</td>
<td></td>
</tr>
<tr>
<td>Farewell Discussion (1 @ 25 points)</td>
<td>25</td>
<td>2.5% Extra Credit</td>
</tr>
</tbody>
</table>

Grading Scale
A = 90 to 100%   B = 80 to 89%   C = 70 to 79%   D = 60 to 69%   F = 59% and below

DISCUSSIONS
There are 6 Academic Discussions required throughout this course, which offer the opportunity for us to explore the concepts in greater depth together. You will also be expected to participate in the Introductions Discussion during module 1, and an optional Farewell Discussion in module 8. The expectations for discussion participation are outlined below.
• For each discussion, you are expected to develop an initial post, and respond to at least two other students’ posts.

• Continuous interaction throughout the module discussion is a goal for building community. Enhanced learning will occur through interaction with your peers and the instructor. Spread your posts over different days during the time the module discussion is open. Posting all discussions in the same day or meeting the quantity requirements on the last two days of any module discussion will result in minimal points.

• A quality post includes efforts to synthesize your course learning by using course terms and concepts. Critical thought is expected. Please be sure to draw connections between current and past material, other courses you may be taking or have taken, personal experience, current events, web resources, etc. to enhance the discussion. Do not echo (repeat /re-answer) a question that is already addressed. Avoid gratuitous comments, such as "I agree" or "That's interesting;" these are inappropriate unless accompanied by other quality information in a post.

• Community building is important in the online classroom. Refer to the "Course Policies" section of the Start Here module for a brief explanation and link to further information on the "Mutual Respect in CCC-Online Communications" policy. In addition to this policy, community is demonstrated by integrating the comments of your peers (including the instructor) in elaboration on a question to expand the discussion.

• Try to keep your discussion posts concise and meaningful. You are not expected to write an essay for every post. You are required to write an initial post of no less than 350 words, and to reply to at least two other students’ posts with posts of no less than 150 words each. Think of your peers before posting and ask yourself if you would want to read the post you are about to make. What does it add to the conversation? How does it enhance the discussion? If you can provide solid answers to these questions for both your initial post and your replies, then you likely have very good posts.

• It is, at the very minimum, expected that you make a strong effort to acknowledge the source of any information you quote or paraphrase in discussions or elsewhere including that from the course lectures, text, etc. Refer to the "Course Policies" section of the Syllabus for an explanation of plagiarism, and the APA style guide provided on the Purdue Owl Website at APA Style Guide.
• Be sure to incorporate at least 1 credible resource in addition to the textbook for each initial response to a discussion prompt. References are not required for response posts to other students, but must be identified (per the CCCOnline Academic Integrity Policy) if used.

• Helpful Links:
  
  o The CRAP test can be used to identify valid and credible web-based resources.
  o The CCCOnline Library Databases are a great place to find scholarly articles and research related to many of topics we will cover during this course.
  o To meet APA formatting requirements, all resources (including the textbook) must be identified in a “References” list at the end of your initial discussion post, with in-text citations identifying any comments that are drawn from/inspired by the resource. The CCCOnline APA Style Guide is full of helpful information about APA formatting.

**Chapter Quizzes**

Each module includes a 20 question chapter quiz. You will have 90 minutes to complete each quiz once you begin. All of the quizzes are set to close during final week of the course, which means you can complete them throughout the semester, however it is STRONGLY recommended you follow the due dates listed in the Course Schedule. Most students who do not follow the suggested due dates perform poorly on the quizzes. Quizzes are located in the WileyPLUS learning environment, which can be accessed through the link to the "WileyPLUS Learning Space Homepage" in the Digital Content module.

**Module Projects**

Module projects offer the opportunity to creatively express your understanding of the concepts that are covered during the course. Projects are required for modules 2, 3, 5, & 6. The expectations for each project differ slightly, but all will be evaluated using the same Project Rubric (located in the Course Syllabus). Be sure to pay close attention to the instructions provided for each, and let me know if you have any questions at all.

**Mid-term & Final Essay Assignments**

Students must submit substantial, detailed, and well thought out 1,000-word essays during modules 4 and 7. The essays will require you to show clear and thorough comprehension and evaluation of the material covered during the appropriate module.
All essays must include an **introductory paragraph** with a **thesis statement**, (taking a clear position on your subject), followed by a main body with **supporting arguments (organized using APA formatted headings and seriation)**, a **summary conclusion**, and an APA formatted **reference page** at the end. All essays must use Times New Roman 12 pt or Verdana 10pt font, be double-spaced, have 1" margins, and include a total word count (not including the reference page). You must use and reference 2 different high quality, academic, scholarly resources. If you use a website as a resource, please make sure it is high quality, scholarly, well cited, and well-researched prior to referencing it. Wikipedia or similar references will not be accepted. Students must use APA style to cite within the body of the essay as well as on the references page at the end of the essay. Please review the CCCOnline APA Toolkit, or the APA style guide provided on the Purdue Owl Website if needed.

Refer to the **Essay Rubric** (located in the **Course Syllabus**) for the grading criteria and point value distribution.

**Extra Credit**

You have the opportunity to obtain up to 25 extra credit points by fully participating in the Farewell Discussion during Module 8. Please view the **Farewell Discussion Rubric** (located in the **Course Syllabus**) for grading details.
COURSE SCHEDULE
The Schedule is subject to change as needed.

This page summarizes all of the graded assignments, exams, and reading assignments for the course. If you want, you can print it out and post it somewhere handy.

All assignments are described in detail on the Module assignment pages. If you have questions check there and/or send me an e-mail.

This course is not self-paced and is not open-exit. All assignments, papers, quizzes, discussions, etc., are to be completed by no later than 11:59 pm MST/MDT of the due date.

NOTE: Important CCCOnline semester dates (e.g., drop/withdraw/term end) appear on the CCCOnline calendar.

MODULE 1
Reading/Assignments/Exams Due Dates
Participate in the Introductions Discussion
Read Chapter 1 of the eText & CCCO's APA Style Quick Guide
View the Module 1 Exploration
Complete the Chapter 1 Quiz

MODULE 2
Reading/Assignments/Exams Due Dates
Read Chapter 2 of the eText
View the Module 2 Exploration
Post initial response to the Module 2 Discussion
Post follow up responses in the Module 2 Discussion
Submit Module 2 Project
Complete the Chapter 2 Quiz

MODULE 3
Reading/Assignments/Exams Due Dates
Read Chapter 3 of the eText
View the Module 3 Exploration
Post initial response to the Module 3 Discussion
Post follow up responses in the Module 3 Discussion
Submit Module 3 Project
Complete the Chapter 3 Quiz
MODULE 4

Reading/Assignments/Exams
Read Chapter 4 of the eText
View the Module 4 Exploration
Post initial response to the Module 4 Discussion
Post follow up responses in the Module 4 Discussion
Submit Midterm Essay
Complete the Chapter 4 Quiz

MODULE 5

Reading/Assignments/Exams
Read Chapter 5 of the eText
View the Module 5 Exploration
Post initial response to the Module 5 Discussion
Post follow up responses in the Module 5 Discussion
Submit Module 5 Project
Complete the Chapter 5 Quiz

MODULE 6

Reading/Assignments/Exams
Read Chapter 6 of the eText
View the Module 6 Exploration
Post initial response to the Module 6 Discussion
Post follow up responses in the Module 6 Discussion
Submit Module 6 Project
Complete the Chapter 6 Quiz

MODULE 7

Reading/Assignments/Exams
Read Chapter 7 of the eText
View the Module 7 Exploration
Post initial response to the Module 7 Discussion
Post follow up responses in the Module 7 Discussion
Submit Final Essay
Complete the Chapter 7 Quiz

MODULE 8

Reading/Assignments/Exams
Read Chapter 10 of the eText
View the Module 8 Exploration
Participate in the Farewell Discussion
Complete the Chapter 10 Quiz

Last modified 8/30/2019 tlt